




What is an Alzheimer's Association Support Group?

A support group is a safe place to learn, offer and receive helpful tips and meet others coping with Alzheimer's disease or other dementia. Meetings typically take place monthly, and are always free, and are open to the public. At this time all meetings are **virtual**.

Register: To register for a support group: **Contact the 24/7 Helpline 800.272.3900 or Visit www.alz.org/crf**

You will receive connection information after you register. For information on Support Groups in Spanish, contact 414.431.8811.

Statewide Virtual Support Groups		alzheimer's  association®
Support Group	Day	Time
For Persons Living with Mild Cognitive Impairment (MCI)	2 nd Wednesday	10:00-11:30 am
General Family Caregivers	Every other Tuesday	5:30-7:00 pm
Family Caregivers for a Loved One with Dementia Living at a Facility	Every Friday	10:00-11:30 am
Male Family Caregivers	3 rd Wednesday	5:30-6:30 pm
Family Caregivers for a Loved One with Dementia in the Early Stages	2 nd Tuesday 4 th Tuesday	9:30-11:00 am 10:00-11:30 am
Family Caregivers for a Loved One with Frontotemporal Degeneration (FTD)	3 rd Wednesday	6:00-7:30 pm
Grief & Bereavement Support Group	For persons who have experienced the death of their loved one affected by Alzheimer's disease or related dementia. Family members express they have grieved the loss of their loved one twice. Their initial grief often begins when the person experiencing the disease is no longer the individual that they were and the second time when death occurs. This Support Group will help provide bereaved individuals with a non-threatening atmosphere to explore feelings, emotions and needs. Call Shai Wise at 414.775.7578 for upcoming date and details	



Regional Virtual Support Groups

(while based out of certain counties, anyone is welcome to attend support groups regardless of location)

Support Group	City	County	Meeting Day	Meeting Time
Caregiver Support Group	Rice Lake	Barron	3rd Tuesday	1:00-2:00 pm
Caregiver Support Group	Green Bay	Brown	4th Monday	4:30-5:30 pm
Caregiver Support Group	Suamico	Brown	3rd Monday	10:00-11:00 am
Early Stage Support Group	Chippewa Falls	Chippewa	2nd Thursday	1:00-2:00 pm
Virtual Coffee for Caregivers	Middleton	Dane	2nd Monday	5:30-6:30 pm
Caregiver Support Group	Middleton/West Madison	Dane	1st Monday	12:00-1:00 pm
Caregiver Support Group	Stoughton	Dane	2nd Thursday	2:00-3:30 pm
Caregiver Support Group	Wausau	Marathon	2nd Tuesday	9:00-10:30 am
Northeast Wisconsin Telephone Support Group		Menominee, Oconto, Shawano	1st, 2nd & 3rd Mondays	4:00-5:30 pm
Caregiver Support Group	West Allis	Milwaukee	2nd Monday	6:00-7:30 pm
Caregiver Support Group	Whitefish Bay	Milwaukee	3rd Thursday	1:30-3:00 pm
Caregiver Support Group	Appleton	Outagamie	2nd Tuesday	1:30-2:30 pm
Caregiver Support Group	Kaukauna	Outagamie	3rd Tuesday	4:30-6:00 pm
Spousal Support Group for Younger Onset	Kaukauna	Outagamie	3rd Tuesday	6:30-8:00 pm
Caregiver Support Group	Amery	Polk	1st Wednesday	10:00-11:30 am
Caregiver Support Group	Hayward	Sawyer	2nd Tuesday	1:00-2:30 pm
Caregiver Support Group	Hudson	St Croix	3rd Thursday	1:00-2:30 pm
Caregiver Support Group	New Richmond	St Croix	1st Tuesday	9:00-10:30 am
Caregiver Support Group	West Bend	Washington	2nd Wednesday	1:00-3:00 pm
Phone In Caregiver Support Group			Last Tuesday	10:00-11:30 am

ALZConnected (alzconnected.org) is a free online message board for caregivers and those who have Alzheimer's or another related dementia. If you cannot locate a virtual support group available during a time that works for you, ALZConnected may be a support solution for you.

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